Web Resources for health issues


You can search their website by browsing under ‘Subject areas’:


Use Google advanced search to target your searches by limiting the domain searched

Search the Australian Institute of Health and Welfare using [Advanced Google]

Tip: think about your keywords e.g. Cancer, massage therapy and limit the domain to aihw.gov.au
Health Information  **Australian Health Map** - www.abc.net.au/health/healthmap - ABC Radio

Health Matters guide to health statistics and resources

Public Health Information Development Unit  **Public Health Information Development Unit** - www.publichealth.gov.au - click on ‘Quick links to atlases, charts, data and reports’ on the right side of the screen, click on your required subject area. Information is available in both map and data formats; down to Local Government Area (LGA) level.
Print Journals held at the Blue Mountains TAFE College Library

Open the Massage libguide and click on the tab for *Journals & eResources*

Class example - *Massage Magazine*

This journal is **indexed** in **CINAHL** (and is held in print at 615.822/MASS)
- Click the CINAHL link near Massage Magazine
- Log in with your TAFE username and Password
- Click the link on the right hand side “**Search within this publication**”
- Select Advanced Search & you will see the following search boxes.
  I’ve entered the phrase “breast cancer”

This search finds 6 articles – e.g. #4

![Search within CINAHL](image)

We need to go to the shelves and look for call number 615.822/MASS and the journal *Massage Magazine*.
Find, the journal that was published in 2011 and has the issue number 185. Then turn to page 86 to find the article titles “Exercise and Massage Benefit Breast Cancer Survivors”.

**Search all articles in CINAHL** *(Online journals are held within eResources like CINAHL)*

The example above searched within one journal; *Massage Magazine*. We used an eResource called CINAHL (as an index) to lead us to the printed article. But we can also search ALL articles in CINHAL, not just *Massage Magazine*. *Massage Magazine* is only one of its journals.

- Don’t forget to **limit to Full Text articles**.
- If you find too many articles, use the limits on the left-hand-side to narrow your search
**Searching ProQuest**  
(Online journals are held within eResources like ProQuest)

Select Advanced Search from the opening ProQuest page.

When the results are displayed, you may find that there are far too many for you to read. On the left hand side of the screen you’ll see that you can narrow these results.

My search results showed 42 Scholarly Journals, 38 Reports, etc. Click on ‘More options…’, then select *include* (or *exclude*) to refine your search.

You can do this also for other areas. My favourite is to refine my search by *Subject*. Click on the ‘+’ sign next to *Subject*. A pop-up will display and allow you to *include* (or *exclude*) more specific subject areas based on the articles you have already found.